




# Classroom Accommodations for Students with ADHD

Bonita Blazer, PHD and Mary Ann Ager, MD, from Feel Good Kids, [www.BBlazer.org](http://www.BBlazer.org) have designed an interesting document about Classroom Accommodations for Students with ADHD. They have generously accepted to put this information on Dr Annick Vincent's website. *This compilation is part of an ethnographic study of 10 school districts with over 500 teachers and responders to the question: "What teachers say helps students with ADD achieve success in school". This compilation is the prioritized consensus of their most effective classroom accommodations (finding drawn from data collection).*

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Physical Accommodations	Instructional Accommodations	Behavioral Accommodations
<p><b><u>Provide Structured Environment</u></b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Post schedules on board</li> <li><input type="checkbox"/> Post classroom rules</li> <li><input type="checkbox"/> Preferential seating (near teacher, between well-focused students, away from distractions)</li> <li><input type="checkbox"/> Organize workspace</li> <li><input type="checkbox"/> Use color coding for notebooks, folders and text covers</li> </ul> <p><b><u>Provide Private Work Space</u></b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Quiet area for study</li> <li><input type="checkbox"/> Extra seat or table</li> <li><input type="checkbox"/> Standing work station</li> <li><input type="checkbox"/> "Time out" spot</li> </ul> <p><b><u>Provide Learning Centers</u></b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Reading corner</li> <li><input type="checkbox"/> Listening center</li> <li><input type="checkbox"/> Hands-on area</li> </ul>  <p><b>Structured environments directly relate to school success !</b></p>	<p><b><u>Repeat and Simplify Directions</u></b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Keep oral directions clear and simple</li> <li><input type="checkbox"/> Give examples</li> <li><input type="checkbox"/> Periodically ask child to repeat back directions</li> <li><input type="checkbox"/> Make eye contact</li> <li><input type="checkbox"/> Demonstrate how to approach tasks</li> </ul> <p><b><u>Provide Directions in written Forms</u></b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> On board</li> <li><input type="checkbox"/> On worksheet</li> <li><input type="checkbox"/> Copied in assignment book by student and initiated by teacher</li> </ul>  <p><b><u>Use technological Learning Aides</u></b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Tape recorders</li> <li><input type="checkbox"/> Record lectures and assignments</li> <li><input type="checkbox"/> Computers</li> <li><input type="checkbox"/> Multi-sensory manipulatives</li> </ul> <p><b><u>Modified testing</u></b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Distraction-free environment</li> <li><input type="checkbox"/> Extended time</li> <li><input type="checkbox"/> Extra credit option (i.e. make up your own questions and answer it)</li> </ul>	<p><b><u>Use positive Reinforcement</u></b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Positive verbal or written feedback</li> <li><input type="checkbox"/> Reward systems and incentives</li> <li><input type="checkbox"/> Give tasks that can be successfully completed</li> <li><input type="checkbox"/> Private signals to refocus student</li> <li><input type="checkbox"/> Role play situations</li> <li><input type="checkbox"/> Weekly individual time</li> <li><input type="checkbox"/> Conference opportunity</li> </ul>  <p><b><u>Be consistent</u></b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> With rewards and consequences</li> <li><input type="checkbox"/> With academic expectations</li> </ul> <p><b><u>Promote Leadership &amp; Accountability</u></b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Assign jobs that can be performed well</li> <li><input type="checkbox"/> Student of the Week/Month</li> <li><input type="checkbox"/> Provide responsibilities</li> </ul> <p><b><u>Specify Goals &amp; Reinforce w/Incentives</u></b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> State tangible goals and time table</li> <li><input type="checkbox"/> Reward system</li> <li><input type="checkbox"/> Incentives chart for work and behaviour</li> <li><input type="checkbox"/> Student contracts</li> </ul> <p><b><u>Communicate w/Parents, Teachers, etc.</u></b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Letters, meetings. Phone calls, e-mail</li> <li><input type="checkbox"/> Progress reports</li> <li><input type="checkbox"/> Use school staff for support, find an ally</li> </ul>